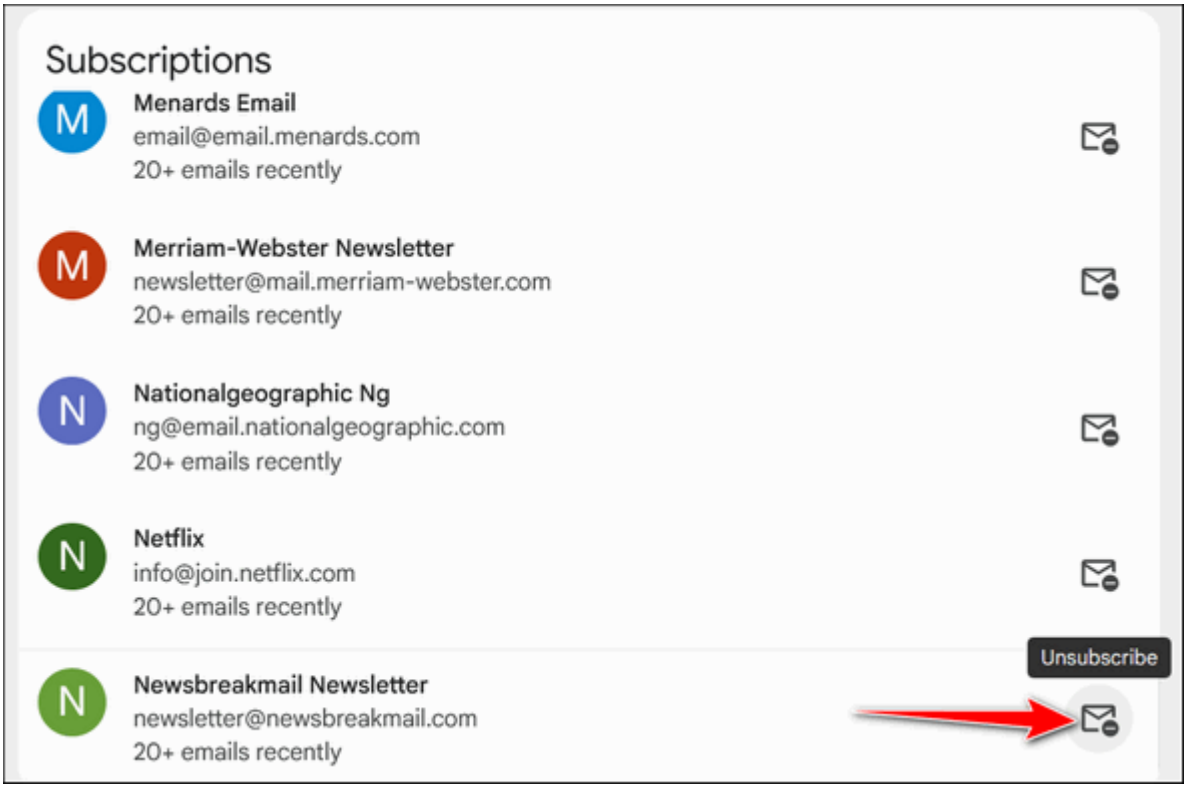
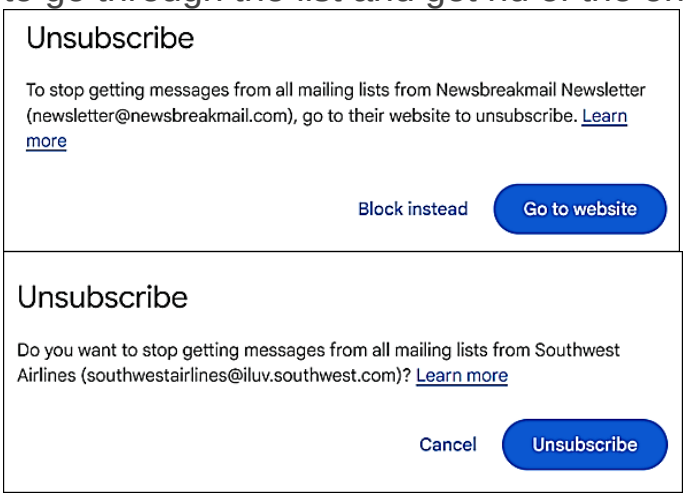
Do You Use Gmail? Quickly Find Out How Many Email Subscriptions You Have.

This is a quick, easy, and useful tip – the kind we all like. If you use Gmail, we'll show you how to quickly view the number of email subscriptions you have. The subscriptions you see will be all the subscriptions you signed up for using your Gmail account.

Assuming you're already signed into your Google account or Gmail, just go to: **https://mail.google.com/mail/u/0/#sub**

Wait a few seconds, and you'll see a page showing all of your subscriptions for your Gmail address. You'll also be able to block or unsubscribe from any of the senders listed.



If you're like me, you'll probably be amazed at how many things you've subscribed to. I counted 37 email subscriptions I must've signed up for or some scam site got my email address from someone other than me.

Time to clean house. Some senders, if the option was available, I blocked; others, I assume, more legitimate, I unsubscribed from. Either way, it only took a few minutes to go through the list and get rid of the ones I did not want.